

5 Steps To IHSS



1



Contact IHSS

Contact In-Home Supportive Services (IHSS) by email, fax, mail, or in-person. **See back side of this document for contact information.**

2



Apply for IHSS

Turn in a completed IHSS application (by email, fax, mail, or in-person). - **See general eligibility guidelines on the back side of this document.** -

3



Home Visit

A social worker will come to your home to determine what types and how many hours of services you need. They will consider your medical condition, living arrangement, and any resources that may already be available.

4



Service Approval

If eligible, the county will send you a letter called a "**Notice of Action**" (NOA) that tells you if you have been approved for IHSS. It will tell you what services have been authorized, how much time is allowed for each service, and total approved monthly hours.

5



Hire Caregiver(s)

When IHSS services have been approved, you can hire one or more people to provide your care. A friend or relative may be your caregiver or you may hire from the Public Authority Registry, if you need help finding a caregiver. **See back side of this document for contact information for the Public Authority.**

What YOU Can Do:



Contact IHSS

353 W. Julian St. San Jose, CA 95110

Email Address

IHSSapply@ssa.sccgov.org

Fax Number

408-792-1601

Phone Number

408-792-1600

Mailing Address

PO BOX 11018 San Jose, CA 95103-1018

Website: <https://socialservices.sccgov.org/services/ihss>

Apply for IHSS

SOC 295

IHSS Application Form

SOC 873

Health Care Certification Form

MEDI-CAL

Apply for Medi-Cal

You can apply for Medi-Cal online or
call (408) 758-3800 to apply by phone

General Eligibility

- Low income and eligible for Medi-Cal
- Age 65 or older, blind or disabled
- Unable to safely live in your own home without assistance
- Health Care Certification Form completed by a medical professional



Find, Hire, or Manage Your Caregiver

Website

www.pascc.org

Email Address

info@pascc.org

Phone Number

408-350-3206

